

HEALTHY OPTIONS

- SLIMMER FRIENDLY BREAKFAST** (cooked with Frylite™) £6.00
2 Linda McCartney sausages, 2 slices of best back bacon
(rind removed), scrambled egg, beans, tomatoes, 2 dry toast
- SLIMMER FRIENDLY CHILLI CON CARNE** £5.00
Served with rice or baked potato
- SLIMMER FRIENDLY COTTAGE PIE** £5.00
Served with seasonal vegetables
- SLIMMER FRIENDLY JACKET POTATO AND BEANS** £3.50
Served with salad
- SLIMMER FRIENDLY OMELETTE** £4.50
Served with salad



Registered Charity No. 113885

Vale House
Cafe & Tea Rooms



eatwellwiral
healthier choices for everyone



Menu



Weddings, Birthdays, Christenings
Please ask a member of our friendly team
for details of room hire and hot or cold buffets.

SOUP OF THE DAY (Served with a bread roll) £3.00

BREAKFASTS (All served with regular tea or coffee.)

-Standard £5.00

2 sausage, 2 bacon, 1 hash brown, fried egg, beans or tomatoes, 2 toast £5.80

-Large £5.80

2 sausage, 2 bacon, 2 hash browns, black pudding, mushrooms, fried egg, beans or tomatoes, 2 toast £5.80

-Vegetarian £5.80

Quorn™ sausage or veggie burger, mushrooms, 2 hash browns, fried egg, beans or tomatoes, 2 toast

-Breakfast Toasties £2.00

Fried egg £2.50

Bacon or sausage/vegi sausage

SANDWICHES/TOASTIES (Served with side salad and coleslaw)

Ham £3.20

Chicken £3.40

Cheese £3.00

Cheese & Onion £3.20

Egg mayonnaise £3.00

Tuna mayonnaise £3.40

B.L.T. £3.50

Club £4.00

Add chips for £1.00

JACKET POTATOES (Served with salad) £3.50

Beans £3.50

Cheese £4.00

Tuna mayonnaise

BURGER MEALS (Served with salad and chips) £4.00

¼lb Burger £4.50

¼lb Cheese Burger £5.00

¼lb Bacon & Cheese Burger £5.50

¼lb Bacon, Chicken & Cheese Burger £4.50

Chicken burger £4.50

Veggie burger

check our specials board for further choices



KIDS DISHES

1 sausage, 1 bacon, 1 hash brown, fried egg, beans or tomatoes, toast £3.00
Chicken Nuggets, chips and beans or peas £3.00
Fish Fingers, chips and beans or peas £3.00
Sausage, chips and beans or peas £3.00
½ sandwich, crisps, fruit box, chocolate bar and drink £3.00

SIDES

Chips	£1.50 small	£2.00 large
Chips & gravy		£2.00
Cheesy chips		£2.00
Bread & butter (white or brown)		£0.50

DRINKS

Hot

Tea/Coffee	£1.50
Tea/Coffee (decaffeinated)	£1.60
Fruit teas (range of flavours available)	£1.60
Latte	£2.00
Cappuccino	£2.00
Hot Chocolate	£2.50
Hot Chocolate Special (topped with marshmallow & whipped cream) syrup	50p per shot

Cold

Cans	£1.00
Bottled water	£1.00
Fruity drink	£1.00
Slush (blueberry, raspberry or mix)	£1.20
Milkshake (strawberry, chocolate, banana or vanilla)	£2.00

AFTERNOON TEA

Large pot of tea with fresh cream & jam scone (served with a selection of cut sandwiches and cakes)	£9.00 each	£16.00 for two
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CREAM TEA

Pot of tea with fresh jam & cream scone	£4.00
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ask about our childrens tea parties

